

ITHACAMED

Community Centered Medicine

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Patient Name: Bonzeanne Blayk

Date of Birth: 05/01/1956

Select 07/30/2018 | Adam Law, Md, Frpc, Main Office; IthacaMed

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ADAM LAW MD PC • 404 N CAYUGA ST, ITHACA NY 14850-4219
BLAYK, BONZEANNE R (id #16460, dob: 05/01/1956)

ITHACAMED
404 N CAYUGA ST
ITHACA, NY 14850-4219
Phone: (607) 277-0969, Fax: (607) 277-3242

Date: 07/30/2018

Dear Bonzeanne Blayk,

The following is a summary of your visit today. If you have any questions, please contact our office.

Sincerely,

Electronically Signed by: ADAM LAW, MD

Patient Care Summary for Bonzeanne R Blayk

Most Recent Encounter

07/30/2018 Adam Law: 404 N Cayuga St, Ithaca, NY 14850-4219, Ph. tel:+1-607-2770969

Reason for Visit Alphabetical - Ascending

CONSULTATION; ENDOCRINE

Assessment and Plan

The following list includes any diagnoses that were discussed at your visit.

Assessment Note

07/05/2018 Sodium 138 mEq/L 134-149
GFR African American >60 ml/min/1.73m² >=60
Lipid Profile 07/05/2018 Cholesterol 207 mg/dL High 120-200
Triglycerides 80 mg/dL 30-200
HDL Cholesterol 67 mg/dL 30-70
GFR Non-African American >60 ml/min/1.73m² >=60
VLDL Cholesterol 16 mg/dL 0-50
HDL Risk Factor 3.1 CALC 0.0-4.4
CBC Electronic Fma 07/05/2018 WBC 10.1 x10³/UL High 4.0-10.0
RBC 4.60 x10⁶/UL 3.93-6.00
HGB 14.3 g/dL 12.0-17.0
Total Bilirubin 0.5 mg/dL 0.2-1.3
HCT 42 % 35-50

AST (SGOT) 20 U/L 5-34
 MCV 92.2 fL 80.0-95.0
 Alt (SGPT) 15 U/L 7-35
 MCH 31.1 pg 25.6-32.2
 Alk. Phosphatase 85 U/L 22-95
 MCHC 33.7 g/dL 32.2-36.0
 A/G Ratio 1.8 CALC 0.6-2.3
 RDW-CV 13.3 % 11.6-14.4
 Globulin 2.2 g/dL 2.0-4.8
 PLT 321 x10³/UL 163-400
 Albumin 4.0 g/dL 3.8-5.5
 MPV 9.6 fL 9.4-12.4
 Eos% 2.2 % 0.7-7.0
 Neu# 6.29 x10³/UL High 1.56-6.13
 Calcium 8.6 mg/dL 8.6-10.2
 Lymph# 2.68 x10³/UL 1.18-3.74
 BUN/Creat Ratio 12.2 CALC 8.0-36.0
 Mono# 0.79 x10³/UL 0.24-0.82
 Creatinine 0.9 mg/dL 0.6-1.4
 Eos # 0.2 x10³/UL 0.0-0.5
 BUN 11 mg/dL 6-26
 Baso # 0.06 x10³/UL 0.01-0.08
 Glucose 100 mg/dL 70-105
 Neu% 62.3 % 34.0-70.0
 Carbon Dioxide 27 mEq/L 21-32
 Lymph % 26.6 % 20.0-52.0
 Chloride 101 mEq/L 94-112
 Mono% 7.8 % 5.0-12.0
 Potassium 4.6 mEq/L 3.6-5.5
 Baso% 0.6 % 0.1-1.2
 LDL (Calculated) 124 CALC 0-129
 Total Protein 6.2 g/dL Low 6.4-8.3

1. Male-to-female transsexual

She is transitioning. She has a problem with patches. She has had a history of swelling of her right leg during estradiol treatment. Discussed informed consent. Letter from his mental health provider Joanne Zager, PhD. She wants to start transitioning after electrolysis is complete in January.

Risks: tobacco, hypertension, mild hypercholesterolemia, possible history of D-dimer.

I will check D-dimer baseline, E2, prolactin, Testosterone, LH, FSH

- D-dimer, quant, plasma
- estradiol, serum
- progesterone, serum
- testosterone, free + bioavailable, serum
- prolactin, serum
- lh + FSH, serum

2. Benign essential hypertension

BP is on target today

- high blood pressure: care instructions
- learning about high blood pressure

3. Tobacco user

She understands she needs to stop if she uses estradiol.

- stopping smoking: care instructions

4. History of Deep vein thrombosis

I want a baseline D-dimer and will check after treatment

- D-dimer, qual, plasma

Discussion Note: None recorded.

Plan of Care

Reminders		Provider
Appointments	Est Pt Follow up	Adam Law, M
	on or around 08/27/2018	
Lab	D-dimer, Quant, Plasma	07/30/2018
	Estradiol, Serum	07/30/2018
	Progesterone, Serum	07/30/2018
	Testosterone, Free + Bioavailable, Serum	07/30/2018
	Prolactin, Serum	07/30/2018

Prolactin, Serum	07/30/2018
Lh + FSH, Serum	07/30/2018
D-dimer, Qual, Plasma	07/30/2018
Referral	None recorded.
Procedures	None recorded.
Surgeries	None recorded.
Imaging	None recorded.

Current Medications

Your medical record indicates you are on the following medicine. If this list is not consistent with the medications you are currently taking, or if you are taking additional over-the-counter medicines, please inform your provider.

Name	Prescribed Date	Start Date
spironolactone 50 mg tablet 2 tablets by mouth once daily as needed (not taking as of 07/30/18)		07/29/2018

Medications Administered

None recorded.

Vitals

Height	Weight	BMI	Blood Pressure	Pulse	O2 Saturation	Temperature	Body Surface Area
5 ft 7 in	169 lbs	26.5 kg/m2	128/78 mm[Hg]	68 bpm	98%	99 F°	1.9 m²

Lab Results

None recorded.

Allergies

Please review your allergy list for accuracy. Contact your provider if this list needs to be updated.

Code	Code System	Name	Reaction	Severity	Onset
733	RxNorm	Ampicillin			12/12/2007

Notes: Cyp2d6*4 half the ability to absorb the medication

Problems

Name	Status	Onset Date	Source
Benign Essential Hypertension	Active	07/27/2018	
Hypercholesterolemia	Active	07/30/2018	
Male-to-female Transsexual	Active	07/30/2018	
Tobacco User	Active	07/30/2018	
History of Deep Vein Thrombosis	Active	07/30/2018	
Tinea Pedis	Active		
Anxiety State	Active		

Procedures

Date	Name	Performed by
04/01/2011	Colonoscopy	Information not available

Notes: Lymphoma removal (1994)

Vaccine List

Here is a copy of your most up-to-date vaccination list.

Vaccine Type
influenza, unspecified formulation

Influenza, unspecified formulation

01/01/2015

Tdap

01/18/2013

Notes: declined flu shot

Smoking Status

Smoking Status Heavy Tobacco Smoker (1/2 PPD)

Past Encounters

07/30/2018

Male-to-female Transsexual; Benign Essential Hypertension; Tobacco User; History of Deep Vein Thrombosis
Adam Law, MD: 404 N Cayuga St, Ithaca, NY 14850-4219, Ph. (607) 277-0969

Demographics

Sex:	Female	Ethnicity:	Information not available
DOB:	05/01/1956	Race:	White
Preferred language:	English	Marital status:	Divorced

Contact: 1668 Trumansburg Rd, Ithaca, NY 14850, Ph. tel:+1-607-3514879

Care Team Members

Referring Provider

Dr. Robert Jay Breiman 209 W State St, Ithaca, NY 14850-5429, Ph. tel:+1-607-2774341

Note: Patients are solely responsible for maintaining the privacy and security of all information printed from the Patient Portal.

